

Reading and Math Support

How can parents help their children become a better reader?

- Talk to your child.
- Read to your child.
- Let your child see you reading.
- Establish a family reading time.
- Ask your child questions about what he or she has read.
- Think of and use new vocabulary words.
- Take your child to the library.
- Have your child illustrate or write about what they read.
- Read portions of the newspaper together.
- Read nutrition labels at the grocery store.
- Limit television viewing.
- Limit time on video games.
- Communicate with your child's teacher about their reading progress.

How can parents help their children succeed in math?

- Practice math facts and computation.
- Estimate the cost of groceries at the store.
- Use an analog clock instead of a digital clock to tell time.
- Practice making change and counting it.
- Look for patterns and sequencing.
- Look for shapes in your environment.
- Talk about greater than and less than.
- Do mental math.
- Read nutrition labels at the store and figure the price per serving.
- Use food to talk about fractions and division (fair sharing).
- Use music as an aid to learn math.
- Make up real-life story problems and work through them with your child.
- Problem-solve out loud so your child learns how to reason.
- When your child asks you a question, discuss ways to find the answer.
- Play cards, dominoes, and dice games.
- Play memory games.